



HILLCREST

LIFE GROUPS

Sermon Discussion Guide

Jesus is the Bread of Life

John 6:27-35

Sunday, May 5, 2021

www.hillcrest.church

Get to Know You

What is your favorite type of bread?

Study the Book

Read John 6:27-35

How does Jesus benefit us?

Bread satisfies. Jesus satisfies.

What does it mean to be satisfied in Jesus rather than things of this world?

Bread sustains. Jesus sustains.

How was bread different in the time of Jesus than it is today? What implications does this give for Jesus' claim that He is the bread of life?

Bread signifies. Jesus signifies.

Why would Jesus' followers reference manna in the wilderness when asking for a sign from Jesus?

And in the conversation that he had with them, Jesus said, "You've almost got it right. You've put two and two together, you've seen my miracle of multiplying loaves, and you're thinking the Messiah has come. But you don't have it all the way right. I have not just come to *bring* manna; I *am* manna. It's not just the miracle of multiplying loaves that should convince you God has come to this world through me; it is my life itself and what's going to happen with my life at the cross and through the resurrection. The sign that God has come to you is *me*, not just my *miracles*."

Pastor Tom

What has Jesus done to bring those benefits to us?

Jesus came down from Heaven.

Explain in your own words what it means that Jesus came down from Heaven and how Christianity is different from other religions because of this belief?

Jesus gave himself.

Think about this the next time you reach for a piece of bread. What had to happen for there to be bread for your mealtime?

From the grain's perspective, the whole process is one of loss and sacrifice that brings you benefit.

What must we do to receive those benefits?

Just as our bodies draw nourishment from bread, our souls draw nourishment from him.

Group Application and Discussion

How are we to interpret that Jesus said the bread from Heaven for eternal life is His flesh (John 6:51)?

How do we practically live out finding nourishment in Jesus?

Personal Reflection and Application

What are you facing today that will require dependence on Jesus to overcome?