

Common Ground Café

Sermon Discussion Guide

Sunday, July 5, 2020



A Mighty Fortress is Our God!

Psalm 46

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Get to Know You

What is your favorite place for silence, solitude, or reflection?

Study the Book

Read Psalm 46

God is a refuge when life falls apart.

In your own words, what is a refuge?

What figurative and historical trouble do we find the poet speaking about in these verses?

What troubles do we find people facing today?

God is a resource when life comes apart.

Read Psalm 46:4

The poet reveals the tremendous resource available to God's people. He says that we have a quiet place where we can go and learn again that God is available to us.

Why are rivers significant throughout Scripture?

Is there a river in Jerusalem? What is the poet saying in verse 4?

Read Psalm 46:5

What historical battle was the poet remembering when referring to God helping at “the break of day?”

Some of us want to know, “When is God going to show up in my problems?” Sometimes it is only when you’re at the end of your rope, the end of your resources, when you’ve tried everything else, then when Jesus is all you have you discover that Jesus is all you need. When will God help? “At break of day.”

Pastor Tom

Be still in order to discover the refuge and resource that God is.

What did Pastor Tom point out about the meaning of the words know and still in verse 10?

How do we live out being still while continuing to have an active faith?

Group Application and Discussion

What is the meaning of “The Lord Almighty” and “the God of Jacob” in verse 11? Why is the phrase the “God of Jacob” so significant?

What does this tell us about God’s presence when we fail? What should we take away and remember this week?

Personal Reflection and Application

Confess to the Lord when you fail this week. Remember that God’s presence is always there. The Lord Almighty is always there for you even when you fail. Confessing is a spiritual practice that reminds us of this truth. As we confess, we acknowledge our guilt and God’s saving grace and forgiveness of sin.