



**Five Lessons from the School of Suffering
Isaiah 38:1-20**

“Surely it was for my benefit that I suffered such anguish”
Isaiah 38:17

Five ways trials can benefit us:

It can make us b_____.

Isaiah 38:1-8, “In those days Hezekiah became ill and was at the point of death. The prophet Isaiah son of Amoz went to him and said, ‘This is what the Lord says: Put your house in order, because you are going to die; you will not recover.’ Hezekiah turned his face to the wall and prayed to the Lord, ‘Remember, O Lord, how I have walked before you faithfully and with wholehearted devotion and have done what is good in your eyes.’ And Hezekiah wept bitterly. Then the word of the Lord came to Isaiah: ‘Go and tell Hezekiah, ‘This is what the Lord, the God of your father David, says: I have heard your prayer and seen your tears; I will add fifteen years to your life. And I will deliver you and this city from the hand of the king of Assyria. I will defend this city. This is the Lord’s sign to you that the Lord will do what he has promised: I will make the shadow cast by the sun go back the ten steps it has gone down on the stairway of Ahaz.’ So the sunlight went back the ten steps it had gone down.”

Luke 18:1, “Then Jesus told his disciples a parable to show them that they should always pray and not give up.”

James 5:16, “The prayer of a righteous man is powerful and effective.”

It can make us h_____.

Isaiah 38:15, I will walk humbly all my years because of this anguish of my soul.

It can make us t_____.

Isaiah 38:15, But what can I say? He has spoken to me, and he himself has done this.

It can make us w_____ **up**.

Isaiah 38:16, Lord, by such things men live; and my spirit finds life in them too. You restored me to health and let me live.

It can make us i_____.

Isaiah 38:19-20, The living, the living—they praise you, as I am doing today; fathers tell their children about your faithfulness. The Lord will save me, and we will sing with stringed instruments all the days of our lives in the temple of the Lord.
