



How to Keep Your Mouth from Getting You into Trouble

Who we really are is seen by what we say.

“A fool’s mouth is his undoing,
and his lips are a snare to his soul.”
--Proverbs 18:7 (NIV)

There are four ways our mouth gets us into trouble:

WHEN YOU SPEAK _____ WORDS.

“Don’t talk so much. You keep putting your foot in your mouth. Be sensible and turn off the flow!” (Prov. 10:19, LB)

“Smart people keep quiet about what they know, but stupid people advertise their ignorance” (Prov. 12:23, TEV)

“Even a fool is thought wise if he keeps silent, and discerning if he holds his tongue” (Prov. 17:28, NIV)

Solution: Go on a speech _____ and reduce the number of your words.

WHEN YOU SPEAK _____ WORDS.

“...whoever spreads slander is a fool” (Prov. 10:18, NIV)

**Solution: Allow people to draw their own
_____ about another person.**

WHEN YOU SPEAK _____ WORDS.

“Do you see a man who speaks in haste?
There is more hope for a fool than for him” (Prov. 29:20, NIV)

“Think before you speak, and don’t make any rash promises to God. He is in heaven and you are on earth, so don’t say any more than you have to” (Eccl. 5:2, TEV)

Solution: Know the _____ and the _____ before you commit.

WHEN YOU SPEAK _____ WORDS.

"Like a lame man's legs that hang limp is a proverb in the mouth of a fool" (Prov. 26:7, NIV)

Solution: Take time for _____.

Words have _____ consequences, not just earthly consequences.

"What you have said in the dark will be heard in the daylight, and what you have whispered in the ear in the inner rooms will be proclaimed from the roofs" (Luke 12:3, NIV)