



**Week 4**  
**Inspiration Leads to Perspiration**

After you rally people to *make* a commitment  
you have to help people to *keep* it.

**Acts 14:21-28**, "They returned to Lystra and to Iconium and to Antioch, strengthening the souls of the disciples, encouraging them to continue in the faith, and saying that through many tribulations we must enter the kingdom of God. And when they had appointed elders for them in every church, with prayer and fasting they committed them to the Lord in whom they had believed.

Then they passed through Pisidia and came to Pamphylia. And when they had spoken the word in Perga, they went down to Attalia, and from there they sailed to Antioch, where they had been commended to the grace of God for the work that they had fulfilled. And when they arrived and gathered the church together, they declared all that God had done with them, and how he had opened a door of faith to the Gentiles. And they remained no little time with the disciples.

People need 3 things in order to thrive as believers:

**E**\_\_\_\_\_.

**Verses 21-22**, "...strengthening the souls of the disciples, encouraging them to continue in the faith, and saying that through many tribulations we must enter the kingdom of God."

**C**\_\_\_\_\_.

**Verse 23**, "...they...appointed elders for them in every church"

**P**\_\_\_\_\_.

**Verse 23**, "with prayer and fasting they committed them to the Lord in whom they had believed."