

**Welcome to the  
Common Ground Café!**



**Sunday, May 6, 2018**

**“I Am the Bread of Life”  
A Study of John 6:25-59**

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Put these in order of your preference. (Feel free to add any bread that's not on the list.)

- \_\_\_ Cornbread
- \_\_\_ English muffins
- \_\_\_ Naan
- \_\_\_ Tortillas
- \_\_\_ Banana Bread
- \_\_\_ Muffins
- \_\_\_ Biscuits

Read John 6:35.

In the image of Jesus as “the bread of life,” we learn how he benefits us, what he has done to bring those benefits, and what we must do to receive those benefits.

### **How he benefits us**

According to the sermon, bread does three things for us. Use your sermon notes to fill in the following blanks.

First, bread s\_\_\_\_\_.

The word “hangry” has made its way into our vocabulary. What does the word mean? Why does food or the lack of food impact our mood?

What are earthly things that people hope will satisfy them?

When someone says Jesus can satisfy your soul, what does that mean?

Second, bread s \_\_\_\_\_.

What foods do you eat when you need energy?

In what ways has Jesus kept you going when you were at the end of your physical, financial, and emotional resources?

Third, bread s \_\_\_\_\_.

Have someone read John 6:5-13. Then have someone else read John 6:14-15. Then have a third read John 6:25-27. Pastor Tom said the ancient rabbis believed when the Messiah came he would provide manna like Moses did during the Exodus.

Why do you think the miracle of multiplying loaves made them wonder if manna was coming next?

Jesus claimed to be the Messiah, but he rejected this crowd's speculation that he might actually be the Messiah. Why? Was there something about their expectations of the Messiah that made him reject their interest in him?

Give some examples of the unrealistic expectations people have of Jesus today.

### **What he has done to bring those benefits to us**

First, he "came down from heaven." Just as manna came down from heaven, Jesus did, too. Read John 6:33 and Philippians 2:6-7. How does the passage in Philippians help us understand John 6:33? Many who are not Christians will still regard Jesus as a great

moral teacher. How does the claim that he “came down from heaven” make Jesus different than any other great moral teacher.

Second, he “gave himself.” Read John 6:51. Jesus said he would soon give his flesh for the life of the world. What was he referring to? How was this coming event “for the life of the world”?

### **What we must do to receive those benefits**

From your sermon notes, read verses 29, 35, 51, 53, and 58.

- ❖ Identify how the instructions Jesus gave in those verses become more vivid and graphic as he continues to talk with the crowd.
- ❖ Pastor Tom said that all these images are just more and more intense ways of saying the same thing. Jesus first tells us to “believe” him (verse 29) and finally tells us to “feed on” him (verse 58). How is “believing” in Jesus like “feeding on” bread?

Read Matthew 26:26. Taking part in the Lord’s Supper is a regular reminder that Jesus’ sacrifice is our food. Why do we need to be reminded of this over and over again throughout our lives?

Explain a Lord’s Supper experience in your past that was particularly meaningful to you. (It may have been meaningful because it was creative, or it may have been meaningful because of the circumstances you were going through.)



Close with praise reports and prayer requests.