

Lullaby for the Restless Soul

Psalm 131 (NLT)

¹Lord, my heart is not proud;
my eyes are not haughty.
I don't concern myself with matters too great
or awesome for me.

²But I have stilled and quieted myself,
just as a small child is quiet with its mother.
Yes, like a small child is my soul within me.

³O Israel, put your hope in the Lord—
now and always.

Wean your soul from ambitious cravings!

Why?

- It keeps us from simply enjoying our God-given talents.
- It can keep us from living a balanced life.
- It makes us jealously compare our lives with others.
- It leads us to justify ethical compromises.

How?

- Begin a personal _____ with God.
- Pursue excellence in _____ areas of life.
- Find ways to _____ what you're presently doing and what you presently have.
- Make your _____ clear.

***"Make sure that when your time comes to die,
all you have to do is die."***

— Jim Elliot